

EARLY BIRD EXTENDED THROUGH JUNE 15th! REGISTER BY 6/15/17 TO SAVE \$25!



550 W. Willow Grove Avenue  
Philadelphia, PA 19118

Wissahickon Skating Club

# Wissahickon Skating Club

Presents...



## Summer Figure Skating Camp

August 14-18, 2017

11:30 a.m.-4:30 p.m.

NEW! Call for extended day options

550 W. Willow Grove Ave.  
Philadelphia, PA 19118  
215-247-1759 ext. 28

Email: lessons@wissskating.com



WISSAHICKON SKATING CLUB

### About Our Camp

Whether you aspire to improve your skating skills for individual or team competitions or you skate for fun, our camp can help you reach your personal skating goals. Our staff of highly qualified coaches are trained in all disciplines of figure skating and are here to help you to improve your skills in a nurturing environment encouraging fun and safety while challenging skaters to take chances and try some new techniques. **This camp is designed for skaters ages 6 to 16 who are comfortable on the ice skating forwards and backwards. We recommend skaters be at least Basic Skills Level II or beyond.**

### Grouping

Skaters will be divided based on a combination of their age and their skating ability. At the onset of the first on-ice session, all skaters will be evaluated and placed into their age/skill-appropriate group. Depending on enrollment, we will strive to have three levels (Beginner, Intermediate and Advanced). Within those three levels, we will have another subdivision of two or three groups so that all skaters can be both comfortable and challenged according to what they can handle and wish to learn. Skaters will be moved up or back upon request throughout the week as long as the instructors and the skater are comfortable with the level change.

### Our Facility

Wissahickon Skating Club has one ice surface, a very large upstairs lounge for off-ice conditioning, dance and recreational activities, a heated lunchroom and several heated spacious locker rooms and bathroom facilities. All skaters are welcome to use our rental skates for no additional fee for the entire week of the camp. Daily snack and drinks are provided.

### What To Bring/How to Dress

- A yoga or pilates mat for off-ice stretch and dance
- Sneakers and comfortable clothing for skating and dance or exercise (NO FLIP FLOPS PLEASE!)
- A lunch, drink and/or snacks (if desired) although snack and drinks are provided daily.
- Layered clothing, light gloves, thin socks, light jacket.

### The Program

Camp begins each day with 45 minutes of off-ice warm-up consisting of either a dance, stretch, or strength and conditioning class run by a dance or exercise professional. After the first off-ice session, groups will begin alternating between on and off-ice classes.

### The Schedule

Our regular camp program runs Monday, 8/14 through Friday, 8/18 from 11:30 to 4:30 daily. Skaters will move from topic to topic throughout the day with their assigned group and group leaders. Locker room supervision and help with skate lacing is provided. **Before and/or after-care options may be available for an additional fee. Please call for more information.**

### Program Fees and Discounts:

*We are able to accept a maximum of 50 skaters in the program. **EARLY ENROLLMENT GUARANTEES A SPOT AND ENABLES US TO SECURE THE BEST COACHES FOR YOUR SKATER'S ABILITIES!!***

*Pre-Register by March 1st for the greatest savings!*

#### If deposit received by March 1st:

1st child:	\$280.00
Each additional sibling:	\$270.00

#### If pre-registered by ~~April~~ June 15th:

1st child:	\$300.00
Each additional sibling:	\$290.00

#### After ~~April~~ June 15th:

All Skaters:	\$325.00
--------------	----------

Sorry, no sibling discounts available.

To register, just complete the attached registration form and send in with a **\$75.00 deposit per skater**. You will be billed your balance in mid July. **All payments must be received in full by August 1st, 2017.**

### Cancellation Policy

We understand that sometimes unforeseen events arise. If you cancel before August 1st, you will receive all but your \$75 deposit back. There are no refunds after August 1st.

## Our Talented Coaching Staff

### Melissa Beck

Coaching since 1995. Member of USFS and PSA. Specializes in Beginner, MIF and Freestyle.

### Victoria Greco-Lyons

USFS Double Gold Medalist, PSA Certified rating in Groups, Registered in MIF and choreography. 3-year performer with Disney on Ice in USA and abroad. Synchro Coach of Philadelphia Symmetry.

### Mary Mc Callister

37 years coaching experience. MIF, Freestyle, Figures and Power Skating. Performed I year with the Ice Capades.

### Andrea Meck

Coaching since 1999. Former competitive singles skater and performer/soloist with semi-pro dance troupe. PSA registered rating in MIF, Choreography, Group.

### Lisa Nowak Spearing

PSA Certified Ratings in Freestyle and Synchronized Skating. PSA Senior Rated in MIF. Over 30 years coaching.

### Ron Radke

USFS Double Gold Medalist and 3-time National Competitor. Over 40 years coaching MIF, Freestyle, Dance, Pairs, Power Skating, Harness and Groups.

### Ashleigh Renard

Teaching since 1993, Bachelor's Degree in Exercise Physiology, WSC's Director of Synchronized Skating

### Kris Shakarjian

36 yrs coaching National & International students. Master FS & MIF PSA ratings. Certified Group, Dance, Figures.

### Paula Shomer

Teaching MIF, Freestyle and Group instruction since 1996. Degree in Sport/Athletic Management.

## Sample On and Off-Ice Instruction

- Jumps and Spins—Offers skaters the chance to learn/perfect different spins and jumps and ways to improve their entry, exit, body position and speed.
- Basic Skills—for the Beginner Skater. Follows the U.S. Figure Skating Learn to Skate program.
- Moves in the Field—For the Intermediate and Advanced Skater. Emphasizes edge quality, control, extensions, flow and presentation.
- Synchronized Skating—the most popular offering of our summer camp experience. Skaters will learn synchronized skating elements in a leveled group setting. They will perform such elements as a block, wheel, line, circle and intersection.
- Presentation and Choreography—Explores ways to add expression and body movements to create interesting, fun and visually appealing programs.
- Ice Dance—offers skaters at all levels the opportunity to receive instruction that will incorporate their skating skills into level appropriate Ice Dances.
- Power, Stroking and Edges—designed to improve strength, endurance and control.
- Zumba, Pilates, Jazz, Hip Hop—provides a fun warm-up and reinforces related skills such as proper body alignment, posture, poise and presentation.
- Harness Training—available by request for skaters already practicing jumps who wish to try the harness to improve their jumps. Please call to check availability.
- Fun, interesting and informative off-ice topics will be presented to enhance skaters' knowledge.



## FALL PUBLIC SKATING GROUP LESSONS & BIRTHDAY PARTIES

**Youth and Adult Lessons:**  
**Fridays: 7:30–8:30 pm**  
**Saturdays: 11:45 am-12:45 am**

**Adults-Only Lessons:**  
**Sundays: 7:45 pm**

**Tot Lessons:**  
**Tuesdays 12:45 pm**  
**Thursdays 12:45 pm**  
**Saturdays 11:45 am**



## Fall Birthday Parties

Schedule your next party during any  
**Public Skating Session!**

**Call 215-247-1759 ext.28**  
**email lessons@wssskating.com**

Visit our website at  
**www.wssskating.com**

## 2017 REGISTRATION FORM

Please complete and send in with \$75 deposit per skater

Age DOB

Skater 1 Name: \_\_\_\_\_

Skater 2 Name: \_\_\_\_\_

Parent Name(s): \_\_\_\_\_

Parent Email: \_\_\_\_\_

Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Cell or Work Phone: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Emergency Phone: \_\_\_\_\_

**Please help us to best place your skater in the appropriate level by completing the following information (indicate skater):**

Current Skating Level (circle highest level passed):

Bas Skills Level: B2 B3 B4 B5 B6 B7 B8 FS1 FS2 FS3 FS4 FS5 FS6

OR highest Moves in the Field Level passed: \_\_\_\_\_

AND/OR highest Freestyle Level passed: \_\_\_\_\_

**Payment Method:**  Cash  Check **Amt. Paid:** \_\_\_\_\_

Credit Card **Type of Card** \_\_\_\_\_

**Card Number:** \_\_\_\_\_ **Exp Date:** \_\_\_\_\_

**Name on Card:** \_\_\_\_\_

**WAIVER:** I hereby release and hold harmless Wissahickon Skating Club, their officers, employees and volunteers from any and all liability, loss, expenses (including attorney fees) or claims for injury or damage arising from participation in programs and/or related activities. All skaters assume the inherent risks of skating.

SIGNATURE OF PARENT/GUARDIAN

DATE

Mail completed registration form with your payment to:  
**Wissahickon Skating Club**  
**550 W. Willow Grove Avenue**  
**Philadelphia, PA 19118**