



WISSAHICKON SKATING CLUB

Philadelphia, Pa

“GET FIT” THIS HOCKEY SEASON!

“Get FIT” Training

Don't let your kids have all the fun! Join “Get FIT” training for Saturday morning “Get FIT” boot camp style classes. Join certified trainers, Heidi Petersohn and Erin Savarese for a 45 minute workout and start your Saturday the “Get Fit” way!

What: Boot camp classes for WSC parents

When: Saturdays beginning in October

Where: WSC both indoors and out

Time: 6:15am

Cost: 6 classes for \$60, drop in rate \$15

Other: Participants should bring a mat and water.