

GENERAL INFORMATION

Holy Ghost Prep is a private, Catholic boys school located in Bensalem, Pennsylvania. Athletic Facilities include two Soccer Fields, an Outdoor Track, an Indoor Basketball Arena, Outdoor Basketball Courts, two Baseball Diamonds and Main Athletic Field shared by the Varsity Soccer and Lacrosse programs.

The summer sports camps utilize all of these facilities. The camps will also use off-site facilities including the Bensalem Ramblers Baseball Complex, the Wissahickon Skating Club and the Grundy Recreation Center.

Most clinics are designed for athletes between the ages of 6 and 15 (as of June 1, 2010). The minimum age for the baseball program will be age 8. All camps will be divided by age group and/or individual skill level to help maximize the benefits of the week for each camper. Registration is available up to the day camp starts. However, due to limited availability, early response and enrollment is highly recommended.

TYPICAL SCHEDULE: 9:00am Arrival
 9:15am Warm-up, Individual Skills
 10:00am Lecture and Drills
 12:00pm Lunch
 12:30pm Discussion
 1:15pm Team Competition
 3:00pm Parent Pick-Up

DISCOUNTS ARE AVAILABLE FOR GROUP REGISTRATION.

5 or more: \$20 off each camper
 10 or more: \$25 off each camper
 2 from same family: \$20 off each camper

1 camper attends more than one camp:
 \$25 off each for going to two camps
 \$30 off each for going to three camps
 \$35 off each for going to four camps

Students in the summer enrichment program will also qualify for discounts.



Camp Dates: June 28 to July 2, 2010 – Wissahickon Skating Club
 August 16 to August 20, 2010 – Grundy Rec. Center

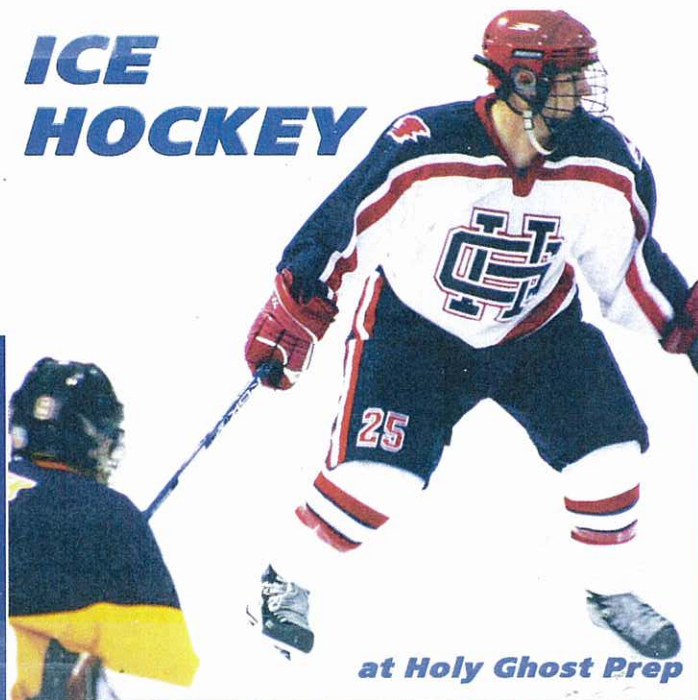
Camp Locations: Wissahickon Skating Club
 & Grundy Recreation Center

Camp Director: Gump Whiteside

Camp Cost: \$400 per camper; \$200 for goalies

Contact Information: 215-247-1759, ext. 17
 gwhiteside@holyghostprep.org

ICE HOCKEY



at Holy Ghost Prep

The HGP Ice Hockey Camp is designed to introduce players to the exciting HGP ice hockey tradition and provide meaningful instruction that will enable all players to compete at their highest level.

HGP Head Coach Gump Whiteside has been involved in youth hockey for over thirty years. As a coach, his scholastic teams have earned a reputation for exceptionally smart play and demonstrated the highest character on the ice. Coach Whiteside has also been an active part of USA Hockey and the Atlantic District.

The camp will focus on individual instruction, position responsibilities, dryland training, skating, teamwork and sportsmanship. Campers will learn from a variety of instructors including current and former HGP varsity players.

Campers will be grouped by age and ability. Each skater should bring a water bottle, lunch, hockey skates, hockey stick, helmet with facemask, gloves, elbow pads and shin pads.

REGISTRATION FORM

TEAR OFF AND MAIL TO HGP

Name: _____
 Address: _____
 City: _____ State: _____ Zip: _____
 Home Phone Number: _____ Primary Parent Contact Cell Phone Number: _____ Email: _____
 Emergency Contact: _____ Emergency Phone Number: _____
 School Currently Attending: _____ Grade (Sept 2010): _____
 Age: _____ Birthdate: _____
 Position/Sport: _____

- COST:**
- Baseball 6/21-6/25 \$175 per week
 - Basketball 6/28-7/2 \$175 per week
 - Track & Field 7/5-7/9 \$175 per week
 - Basketball 7/12-7/16 \$175 per week

- Ice Hockey 6/28-7/2 \$400 per week
- Lacrosse 7/19-7/23 \$175 per week
- Soccer 7/26-7/30 \$175 per week
- Ice Hockey 8/16-8/20 \$400 per week

Make Checks Payable to: Red & Blue Sports Camps
 c/o Holy Ghost Prep, 2429 Bristol Pike, Bensalem, PA 19020

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 2429 Bristol Pike, Bensalem, PA 19020

TOTAL DUE: \$ _____

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Register Online: summer.holyghostprep.org

